## **Rules & Regulations for Sports**

The following rules and regulations will be observed by all the members to ensure smooth and proper functioning of the sports complex.

- The Sports Complex includes the Swimming Pool, badminton Court, table tennis, gymnasium, lawn tennis court and other sports facilities. The pool functions from May to October while the other facilities are available round the year.
- Membership: The facilities of the sports Complex are only available to members. All faculty members, senior and junior residents. PhD scholars and students in other courses, officers and all permanent employees of the institute are entitles to become members under PAY & PLAY SCHEME. Membership forms are available with Caretaker of the sports complex for all those eligible and desirous of joining the Sports Complex.
- Membership dues: All applications for the membership of the sports complex will be reviewed by the sports department.
- I Card: All the students / member s of the sports club will be issued a photo identity card with a registration number. Entry to the sports complex will be permitted only to those with proper I cards that must be deposited with the care taker upon entry to the complex and will be returned when the member leaves the sports complex. Entry may be denied to those not able to produce proper I Cards. Entry will be made by each member upon entry and exit from the complex in a register kept for this purpose by the caretaker. Non-members and any unauthorized person are not allowed to enter the sports complex/ swimming pool.
- Guest Members: Regular Members may invite guests to the sports complex. Guest charges per head will be as Rs.1000 per month. These will be collected by care taker / housekeeper and proper receipt will be issued.
- Conduct Rules: Members are expected to observe decency and decorum in the sports complex. The committee reserves the right to evict any member creating a disturbance. Indulging a misbehavior may lead to suspension or termination of the membership of the member.
- Damage to property: Members are liable for all deliberated damage, due to improper or in appropriate use or ignorance of proper use. Cases of damage to Sports Complex properly will be reviewed by the caretaker and appropriate damages or fine may be levied for such damage that may be deducted from the caution money of the member in case of default or undue delay in payment of assessed fine.
- Members wishing to play badminton , table tennis , squash, Lawn tennis & cricket are required to bring their own rackets , shuttlecocks and sporting gear. These will not be provided by the Sports Authorities at the Sports Complex.
- Swimming Pool: Members have to remove their shoes/slippers and put them in the shoe rack before entering the Swimming pool area. Children's walkers, cycles etc. have to be left near the shoe rack. Pets and prams are not allowed in the Swimming Pool area.
- Members are not allowed to enter the pool wearing jewelry, watches and other accessories. If these are lost in the swimming pool the members will themselves be responsible for them. Also, the members will be responsible for their belongings

- Swimming pool will not be open for use if Trainer is not available. Under no circumstances anybody will be allowed to swim in absence of Trainer.
- All the members have to wear proper swimming costume while swimming.
- All members will have shower bath before and after entering the swimming pool. Food disindecent like KMno4 will also be used before entering the swimming pool.
- Entitled person with no skin disease free from contagious disease and does not have any illness that may be aggravated by swimming will only be allowed to become the member of swimming pool. The officers/employees have to submit a medical certificate from registered medical practitioner in this respect from Membership will be discontinued temporarily till such time the person is free from these disease . Members are expected to be educated and have the sense of responsibility for these disease so that they should avoid themselves from swimming for the period they are suffering with disease.
- Members will have to submit their consent for their willingness for use of swimming pool. They will be responsible for any possible danger/harm to their life due to swimming or swimming pool. In case of minor employee will give the consent to the same respect..
- Non- Members , spectators and any other unauthorized persons are not allowed in the pool area & even members will not act as mere spectators, they will have to utilized the facilities .
- Members will be responsible for any damage, misbehaviour or breaking of rules by them or their guests.
- Children below 12 years will be allowed in swimming pool only if the they are accompanied with parents/guardians.
- Children's below 2 years will not be allowed for swimming. Photographing is not allowed.

## • Gymnasium:

- Gymnasium fee will be charged from the members on a monthly basis.
- Guest charges are the same for the gymnasium too as mentioned earlier.
- A gymnasium is not allowed for minors (below18 years) .
- Persons suffering from hyper tension , dive ties mellitus , coronary artery disease , chest pain , on excursion /rest, asthma , swelling feet , cervical/lumber, soda lights , seizure disorder and any other disorder will not be allowed to use the gymnasium. The members have to submit a medical certificate from general hospital.